

TWELVE SERVICE POINTS TO SERVE YOU BETTER

ST. HUBERT (HEAD OFFICE)

5300, Chambly Road
St. Hubert (Quebec) J3Y 3N7
Telephone : 450 676-7447
Toll Free : 1 800 667-4369
TTY : 450 676-9841
TTY Toll Free : 1 866 676-1411
Fax : 450 676-0047
Email : 16cmr@rrsss.gouv.qc.ca

CHÂTEAUGUAY

250, Christ-Roi Road
Châteauguay (Quebec) J6J 4G7
Telephone : 450 692-3171
Toll Free : 1 866 301-3171
Fax : 450 692-9754

GRANBY

10, St. Hubert Street
Granby (Quebec) J2G 5L9
Telephone : 450 777-4641
Fax : 450 777-2383

LONGUEUIL

388, Lamarre Street
Longueuil (Quebec) J4J 1T2
Telephone : 450 928-4727
Fax : 450 651-6326

ST. BRUNO-DE-MONTARVILLE

265, Seigneurial Boulevard West
St. Bruno-de-Montarville (Québec) J3V 2H4
Telephone : 450 441-5503
Fax : 450 441-7016

ST. HYACINTHE (ADULT)

1800, Dessaulles Street
St. Hyacinthe (Quebec) J2S 2T2
Telephone : 450 774-5003
Toll Free : 1 888 999-4807
Fax : 450 771-3656

ST. HYACINTHE (YOUTH)

730, St. Pierre Street East
St. Hyacinthe (Quebec) J2T 1N2
Telephone : 450 774-4104
Toll Free : 1 866 774-4104
Fax : 450 774-4381

ST. JEAN-SUR-RICHELIEU

383, Séminaire Boulevard North, suite 130
St. Jean-sur-Richelieu (Quebec) J3B 8C5
Telephone : 450 545-1224
Fax : 450 545-1228

SOREL-TRACY

40, Ramesay Street
Sorel-Tracy (Quebec) J3P 3Y7
Telephone : 450 742-6515
Fax : 450 742-4459

VALLEYFIELD

30, Du Centenaire Avenue, Office 210
Valleyfield (Quebec) J6S 5X4
Telephone: 450 371-4836
Fax : 450 371-0671

VAUDREUIL-DORION (ADULT)

408, St-Charles Avenue
Vaudreuil-Dorion (Quebec) J7V 7M9
Telephone : 450 510-0932
Fax : 450 510-1743

VAUDREUIL-DORION (YOUTH)

486, Chicoine Street, Office 100
Vaudreuil-Dorion (Quebec) J7V 7E4
Telephone : 450 455-2625
Fax : 450 455-2140

TECHNICAL AIDS SERVICE

CHÂTEAUGUAY

Telephone : 450 692-3171
Toll Free : 1 866 301-3171
Fax : 450 692-2857

ST. HUBERT

Telephone : 450 462-8638
Toll Free : 1 877 462-8638
Fax : 450 462-8640

ST. HYACINTHE

Telephone : 450 774-3263, ext. 637
Toll Free : 1 866 774-4104
Fax : 450 774-6310

Our staff offers clinics in the CMR's twelve service points as well as in several institutions in the health and social service network in the Montérégie.

ASSISTIVE LISTENING DEVICES

Telephone: 450 676-7447
Toll Free: 1 800 667-4369
TTY : 450 676-9841 or 1 866 676-1411
Fax : 450 676-2043

The Assistive Listening Devices Service and a demonstration room are located in St. Hubert. Delivery can be made to any of the CMR service point.

PROGRAMS AND SERVICES



The Centre montréalais de réadaptation (CMR) is a public institution in the health and social service network offering services to persons with a physical disability.

MISSION

The mission of the CMR is to offer adaptation, rehabilitation and social integration services to persons who, because of their physical impairment require such services, as well as services of accompaniment and support for them and their families.

The CMR has a mandate to offer services to persons in the Montérégie who have a motor, hearing or language impairment.

A MULTIDISCIPLINARY TEAM LISTENS TO YOUR NEEDS

The CMR team is composed of some 600 employees who provide quality services to users and take care of managing the institution.

CMR CLINICAL APPROACH

The CMR team is guided by the conviction that a person with a physical impairment can, at his own

pace and according to his personal motivations, actualize his potential and assume social roles by reason of his age and social identity.

Interventions designed to develop or recover autonomy

To enable the personalized development of rehabilitation interventions designed to develop or recover an autonomous lifestyle.

- **Personal autonomy**
 - Daily living activities (nutrition, dressing, hygiene care)
 - Moving around in the immediate environment
- **Social and leisure autonomy**
 - Housekeeping activities
 - Shopping
 - Managing property
 - Using public services
 - Family relations
 - Parental and conjugal relations
 - Friendly relations
 - Moving about in the community
 - Leisure activities, games and sports
- **School (daycare) and occupational autonomy**
 - Assistance required to support activities related to education or employment (doing homework, keeping an agenda, etc.)
 - Participation in social activities in the daycare, school or occupational environment

Services focus on three goals

- The optimal development or recovery of the person's abilities
- Compensation of permanent disabilities
- Reducing situations of handicap

To actualize their interventions according to these guidelines, CMR professionals refer to conceptual models and therapeutic approaches: ecosystem approach and process of handicap production (PHP).

PROGRAMS AND SERVICES

At the CMR, programs are designed according to the type of impairment (motor, hearing or language) and life cycle: youth (early childhood, school age and specialized schools), adults and seniors.

These are the programs offered to our clients:

- Program for Youth with a Motor Impairment
- Program for Adults with a Motor Impairment
- Traumatology Program
- Program for Youth with a Language Impairment
- Hearing Impairment Program
- Assistive Listening Devices Service
- Residential Resources Program
- Access to Technology and Communications Program
- Technical Aids Service
- Automobile Conduct and Adaptation of Vehicles

Services are provided by multidisciplinary team composed of physicians, health and social services professionals and specialized technicians.

SERVICE REQUESTS

The CMR is a specialized institution offering second-line services. A request for services can be made by a health professional or by the user. Referral mechanisms and forms required to submit a request for services to the programs offered at the CMR vary according to the three following types of service:

- Rehabilitation programs
- Technical Aids Service
- Other programs and services: Assistive Listening Devices Service and Residential Resources

For information on the procedures and documents required to submit a request for services, visit the CMR website at www.cmrmonteregie.ca

For more information:

Reception-Admissions-Records Department

5300, Chambly Road
St. Hubert (Quebec) J3Y 3N7
Telephone: 450 676-7447, ext. 2467
Toll Free: 1 800 667-4369
TTY : 450 676-9841
TTY Toll Free : 1 866 676-1411
Fax: 450 676-2043